

Saratoga County Prediabetes Coalition
Nourish Your Neighbor Work Group
Meeting Minutes: November 3, 2016

1. Welcome and Introductions
2. Attendees: Lisa Hodgson-Saratoga Hospital; Amanda Duff- Saratoga County Public Health; Barbara Martin-Saratoga Lion's Club; Julie Slovic- Franklin Community Center Food Pantry; Allison St. Pierre- Saratoga Regional YMCA; Bryan Tallman-intern; Andy Gilpin- CAPTAIN; Katy Headwell-Shen; Rebecca Carman-Shen; Diane Whitten-Cornell Cooperative Extension; Lori Pitcherale-Saratoga County Public Health Services; Sara LaFountain- Cornell Cooperative
3. Brief recap of Last Meeting and purpose of the work group
4. Presentation on Nourish Your Neighbor Initiative by Sara LaFountain
 - a. Overview of program
 - b. Materials that can be provided to any agencies/pantries interested in participating
 - c. Support that can be provided as a result of involvement in the initiative
 - d. Pre and Post Survey
 - e. Nourish Your Neighbor Pledge and photo documentation
5. **Established work group goal of achieving 3 food drives using the Nourish Your Neighbor materials by the end of this quarter (Dec 31, 2016)**, Sara can assist with evaluating the types of foods received
6. General action plan created:
 - a. Diane at Cornell Cooperative will reach out to 2 current pantries that she works with to share information on this initiative.
 - b. Amanda and Lori at Saratoga County Public Health will employ materials in next holiday food drive- most likely Christmas drive.
 - c. Lisa will look into current holiday food drives planned within her department and at the Hospital to verify if Nourish Your Neighbor can be incorporated.
 - d. Julie at Franklin Community Center will share information with businesses that reach out to them and donate.
 - e. Barbara will approach Lions Club about participating in Nourish Your Neighbor for their food drive following the holidays.
 - f. Suggestions made to Sara to create business card sized outreach materials for individuals to keep in their wallets and phones when shopping for food drive; Julie would be willing to hand out to those that donate to the pantry.
 - g. Sara will provide more folders, bags, and materials- most likely can get delivered by Monday to Public Health. Amanda can disperse materials as needed to any interested and participating organizations.
 - h. Amanda will reach out to the Chamber regarding their potential participation in engaging businesses; this aligns with #healthysaratoga initiative.
 - i. Amanda will work on short rationale (why this initiative is important, why we are doing this) to engage potential participants- include information on Nourish Your Neighbor and specific statistics (food insecurity, etc.) based on area or population. Amanda will reach out to HCDI for any available statistics and will provide to the entire group, will individual information based on area and target population as more information becomes available.
 - j. Amanda and Lisa should be contacted when willing to engage in healthy food drive; Amanda and Lisa will be tracking how many food drives will participate in Nourish Your Neighbor and can follow up with each individual sponsor to address specific needs, provide materials, evaluate success, etc.
7. Updates provided:
 - a. Barbara of Saratoga Lions advised that addressing hunger has now been added to their mission.
 - b. Rebecca will check with school to verify if class would be willing to help design a logo for the group. Logo important for us to spread word on our group as we begin to employ various initiatives.
 - c. Rebecca will check with school regarding themed weeks for food donations.

- d. Amanda can reach out to community colleges regarding assistance creating logo, pending response from Rebecca.
- 8. Meeting adjourned by 1:00pm. Next meeting of entire Prediabetes Coalition is **Nov. 29 at 12:00 at 59D Myrtle Street, 2nd floor conference room.**